

# Verses for Reading Assignment

**Each day** for a month read the same (one or more) of the passages listed. Or feel free to substitute your own favorite verse, chapter or book of the Bible. The goal is just to read the same passage(s) every day for a month. You can memorize, meditate, write or just read, but try to do it every day. Put the verse(s) up somewhere you can see them, bookmark or write them down somewhere.

## Suicidal thoughts

**2 Corinthians 4:16-18** "So we aren't depressed. But even if our bodies are breaking down on the outside, the person that we are on the inside is being renewed every day. 17 Our temporary minor problems are producing an eternal stockpile of glory for us that is beyond all comparison. 18 We don't focus on the things that can be seen but on the things that can't be seen. The things that can be seen don't last, but the things that can't be seen are eternal." (CEV)

**1 Corinthians 6:19-20** "Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God, and that you are not your own? 20 For you have been bought for a price: therefore glorify God in your body."

**John 10:27-29** "My sheep listen to My voice, and I know them, and they follow Me; 28 and I give them eternal life, and they will never perish; and no one will snatch them out of My hand. 29 My Father, who has given them to Me, is greater than all; and no one is able to snatch them out of the Father's hand."

**Ephesians 6:12** "For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms."

**2 Corinthians 1:10** "He has delivered us from such a deadly peril, and he will deliver us again. On him we have set our hope that he will continue to deliver us."