

Rising Above The Hurt

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Child abuse, sexual trauma, domestic violence, abortion, more domestic violence, miscarriage, divorce, slander, rejection... all things you can watch on a soap opera or reality show. But this was MY LIFE; it all defined me. My past hurts, pain and guilt for sin was my identity, even after I accepted Jesus into my heart.

BUT GOD... would not let me go—even before I knew Him as my Savior

BUT GOD... never gave up on me

BUT GOD... took the ugliness of my past and made it something beautiful for HIS glory

BUT GOD... gently tells me that who I am is NOT based on my past, but on the death and Resurrection of His Son, in order to save me

My precious sister, take it from me—living based on an identity that YOU believe to be true is idolatry.

Living based on an identity that OTHERS have assigned you is a LIE from the pit of hell.

The ONLY identity that is true comes from 1 Peter 2:9:

But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of Him who called you out of darkness into His wonderful light.

Do you believe this, my friend? Do you see these words and think, "Royal Priesthood, Holy Nation, God's Special Possession?!!! After what I've done? After what has been done to me?"

How do you discover your identity in Christ?

- **Reject** the lies of Satan (2 Corinthians 11:3)

THEN:

- **Believe** in God's promises in His Word (John 1:12)
- **Accept** God's perfect love (Romans 8:28)
- **Trust** in God's plan for you (Ephesians 4:22-24)
- **Lean** on Him daily for everything (2 Corinthians 12:9)

Stop living in your past identity and start living today as who God says you are!

RESOURCES

The Bible first and foremost as the one and only true healing resource you can go to. The amount of time you spend alone with your Heavenly Father by reading His Word and praying without ceasing will determine the quality of your life!

Surrendering the Secret by Pat Layton (abortion recovery)

Disciplines of a Beautiful Woman by Anne Ortlund (older book but it can be found on Amazon)

Hope Ahead by Barb Mulvey & Cris Paulson

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